The Advantages and Disadvantages of Using Mobile Phones to My Life

In recent years, there has been a dramatic rise in the cell phones all over the world. They are essential to millions of people as a convenient form of communication.

The cell phones are also becoming more and more popular within China. In these years, I find that people around me almost have own cell phone, or sometimes might be two or even more. The telephone has gradually been replaced.

The invention of the cell phone is greatly contributed to human life. The fact that they are so popular proves that they are useful and convenient.

With the development of science and technology, the cell phone is becoming more and more fashionable and powerful. I find that the smart phones update very quickly. A kind of phones can be replaced by the other phones, even in much shorter time.

Today, cell phones have many functions. I can listen to the music, play mobile phone games, take pictures, and surf the Internet with them. Especially the achievement of 3G, the world has become within reach. I can surf the Internet whenever and wherever possible. I can easily get some information from all around the world.

The young people are good at installing and using much software to help us. Those could be used to store information, finish tasks, send email, and some practical software.
Also, I can use some social network sites to find out or to communicate with my family members or friends, such as the use of QQ, wechat, Renren, and micro-blog. I can pay attention to their everyday mood and regular working states.

I think that the cell phone has been equipped just like a mini-computer. It could nearly do everything that the personal computer can do for us, though they are different in size. So here I can find that the cell phones surely have great influence on our life.

I cannot deny that the cell phone is indispensible to our daily life. It has already been a needful element of our life. Nevertheless, it also has some terrible effects on human beings.

Now, I can see that many people stare at the phones to play on the streets or buses. Someone take a few minutes, others take hours. Over time, it will impair our sight. Also, it will harm to the eyes, if someone bows to play smart phone for a long time in the bumpy car,

Especially when the surrounding environment is dark, and cell phone’s screen is bright, there is a great damage to the eyes. If things continue this way, it will lead to decreased vision, myopia and other issues.

Besides, many people will become addictive to the mobile phone games, where they will spend a lot time. When attention focuses on the cell phone’s screen with flashing light too much, it will make eyes feel tired in particular, even eye irritation, dry eye, tearing, photophobia, and other symptoms.

A new invention has its drawbacks, and such negative aspects cannot always diminish its popularity. People won't stop eating just because of the risk of choking. In addition, I think that the swift development of science and technology will likely eliminate the hazards cell phones may cause.